

KEVEN TSUI

PERSONAL TRAINER

ISSA Certified Personal Trainer
Former Member of the Guangdong
Provincial Equestrian Team

Achievements:

Youth 100cm Show Jumping Champion

2019 Dressage Champion

Profile:

From competing in equestrian sports to coaching in the gym, Keven has built a strong understanding of body coordination, balance, stability, and proper movement sequencing. He knows how the body should move and generate power efficiently—and he turns his competitive experience into practical, science-based training that delivers real results.



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