

CINDY REN

PILATES TRAINER

3+ Years in the Fitness Industry

ISSA Certified Personal Trainer

ISSA Certified Fitness Coach

BOSU Certified Trainer

AWM

Achievements:

2021 CPA Vancity Women's
Bikini – Youth Division, 3rd
Place

2021 CPA Vancity Women's
Bikini – Novice Division, 5th
Place

2021 CPA Winnipeg Women's
Bikini – Youth Division, 2nd
Place

